

Pillow Pals

For children in crisis situations
or nursing home patients

If making Pillow Pals for children, everything needs to be soft with no embellishments that could come off and be a choking hazard. If you want to embellish the toys, they can be used for nursing home patients.

You can pick up a kit from the charity folks or use your own fabric. You might want to get a kit to use for a pattern.

Kit Includes:

2 pieces of fabric for back and front, face is drawn on the front piece
2 pieces of batting to match in size
Backs and fronts for 2 feet and 2 arms
1 heart to be appliquéd on front
Yarn for hair
Fiberfill for stuffing

Step 1

Sew arms and legs, right sides together, using a 1/4" seam allowance. Clip curves. Stitch a wad of fiberfill or batting to the thumb as you sew the arm together (otherwise the thumb will be empty). Turn to the right side and fill with fiberfill, just enough to round them out. It should be soft enough to squeeze. If they are too full, it's hard to sew the pillow together.

Step 2

Draw mouth, nose and eyes on the face with Sharpie pens, or create it any way you like. Put the wrong side of the back and front each on a piece of batting and straight stitch around the edges. Stitch the heart below the face to the right, either by hand with a blanket stitch or on the machine.

Step 3

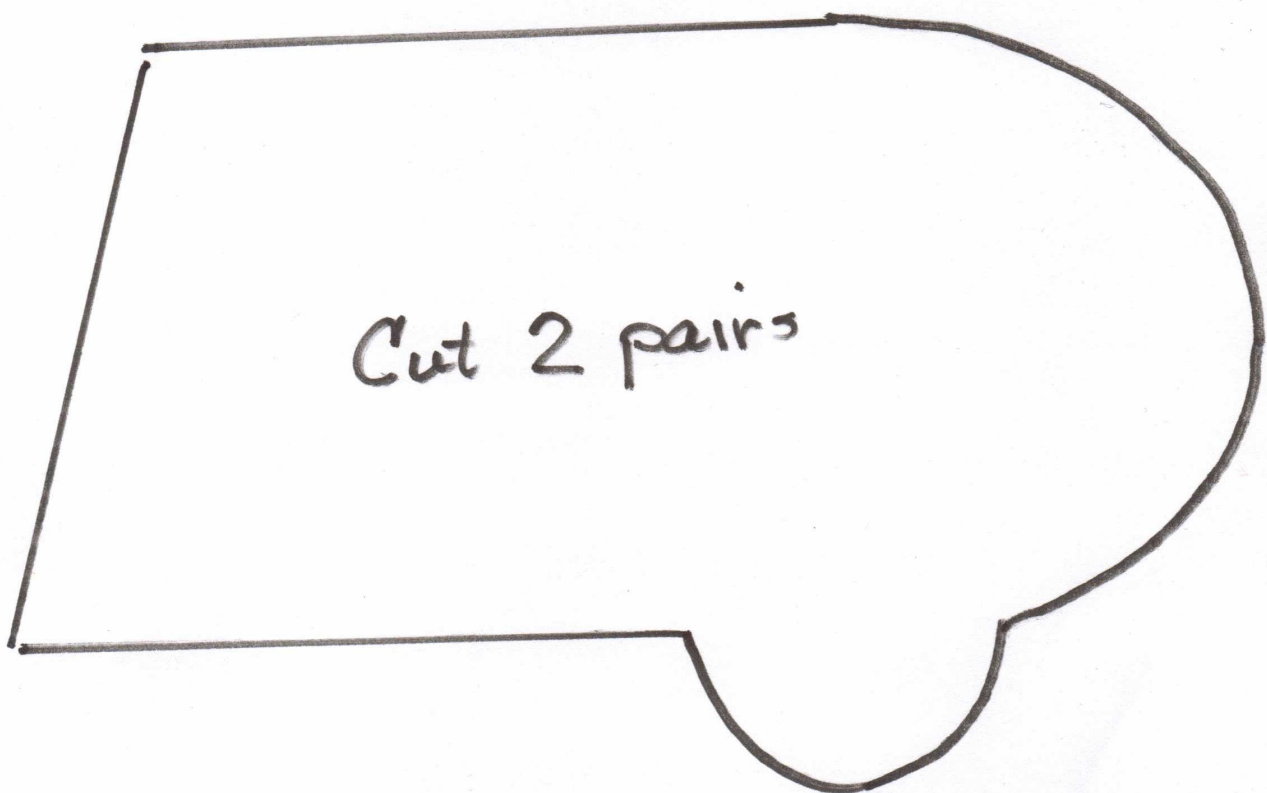
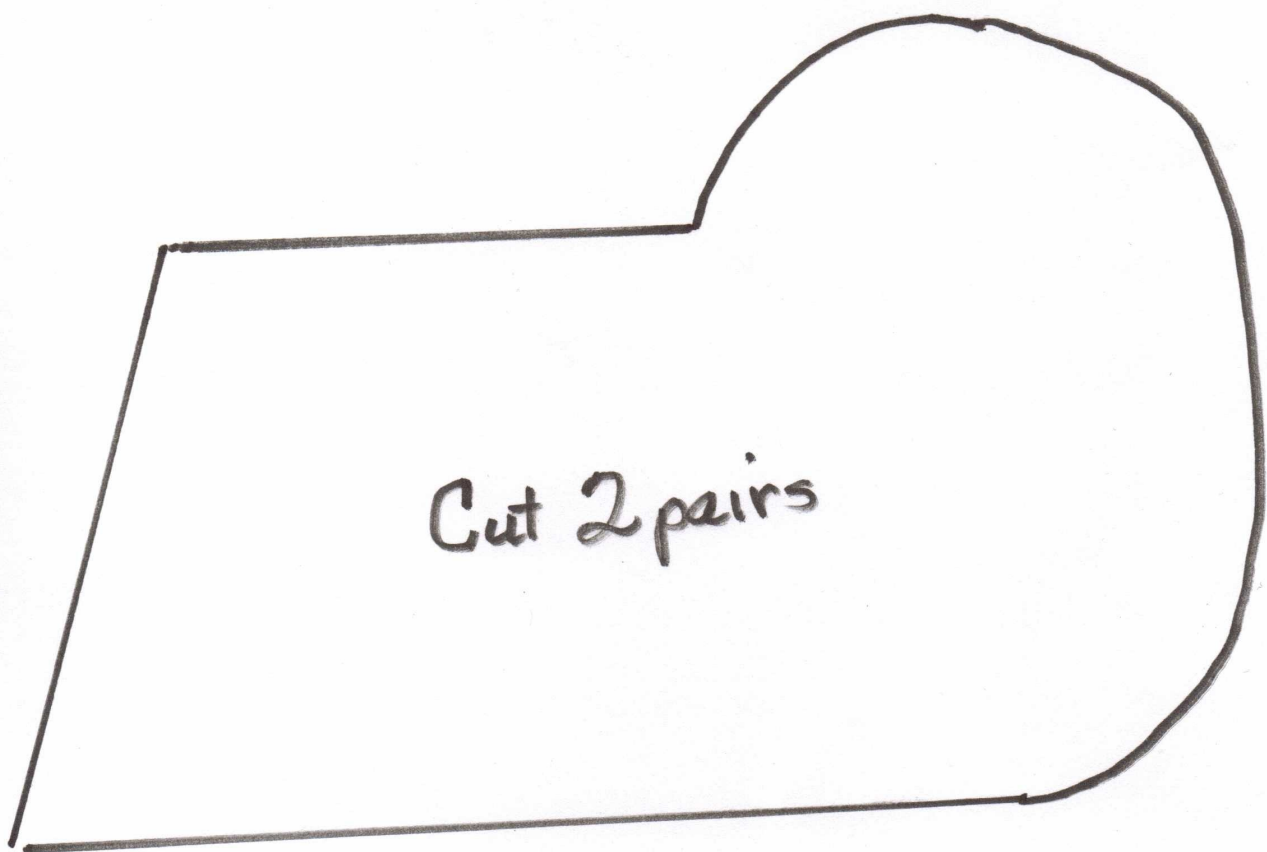
With the face up, start at the upper right hand corner, stitching one arm in the middle and a folded label on the right side, both legs on the bottom with toes pointing out, the second arm in the middle on the left, and sew looped hair (yarn or whatever you choose) along the top. Make sure the thumbs point up.

Step 4

Put back and front right sides together. Pin around the edge, leaving the legs sticking out and the arms on the inside. Starting at the bottom near a leg, stitch to the corner, turn and continue stitching until you reach the other leg. Clip corners, turn and stuff until squeezably soft.

Step 5

Turn in seam allowance on bottom at the top of the legs and stitch together.



Charity Orphan Blocks

Take a few and use them
in a charity lap quilt.

Donate unused blocks
from your quilts.